

Volunteer and Internships

DVSCP is always looking for volunteers and interns. Below are few ways you can get involved.

Direct Support of Clients - Training is required to answer the hotline and to provide confidential personal assistance to victims.

Shelter and Office Work - Call to learn about our current needs.

Community Activities - Agency information tables at community events.

Board Activities - Support the work of the board by helping with committee work.

Internships - Students have the opportunity to gain experience in all program areas.

All Volunteers and Interns must complete the volunteer application process—interview required.

Empowerment Philosophy

- Consider all relationships to be reciprocal and between equals.
- Communicate directly, with no hidden agenda.
- Value individual differences and belief systems equally in the organization.
- Nurture individual growth to enhance well-being.

Break the Cycle of Teen Dating Violence

Nearly **1.5 million** high school students nationwide experience physical abuse from a dating partner in a single year.

1 in 3 adolescents is a victim of physical, sexual, emotional or verbal abuse from a dating partner.

The Dating Bill of Rights

I have the right to:

- ♥ trust myself and my instincts
- ♥ be respected as a person
- ♥ change my mind
- ♥ express my feelings
- ♥ refuse a date
- ♥ not be physically, emotionally, or sexually abused

The official registration and financial information of Domestic Violence Services of Cumberland & Perry Counties may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania 1 (800) 732-0999.

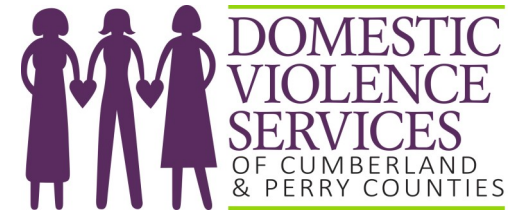
Registration does not imply endorsement.



A Program Partner

Services & Resources

Mission: DVSCP supports the empowerment of those who are experiencing domestic violence through the provision of direct services and the promotion of nonviolence through social and systems change.



Phone: 717-258-4806

Hotline: 1-800-852-2102

Mailing Address:

P.O. Box 1039

Carlisle, PA 17013

Email: info@dvscp.org

Website: www.dvscp.org

Facebook: www.facebook.com/DVSCP



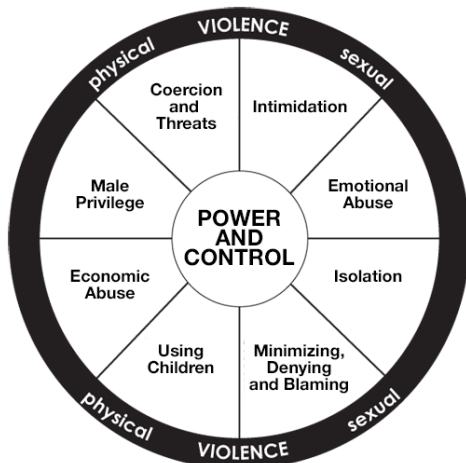
What is Domestic Violence

Domestic violence is a pattern of abusive behaviors used to control another person in a close relationship (spouse, family member, and/or past/present intimate partner).

Domestic violence affects people of all cultures, religions, ages, sexual orientation, education, background, and income levels.

Domestic violence may include:

- Physical Abuse - Pattern of physical assault, threats, or restraints.
- Emotional Abuse - Manipulation of feelings using derogatory language, accusations, comments, or mind games to make the partner feel worthless, helpless, or afraid.
- Sexual Abuse - Mistreatment by means of sexual objectification, forced sexual acts, demands, insults, or physical attacks on intimate body parts.
- Isolation, intimidation, economic abuse, manipulation of children, and pet abuse.



Client Services

All services are **FREE and CONFIDENTIAL**

- 24-hour hotline: **1-800-852-2102**
- 30-day emergency shelter
- Legal and medical advocacy and accompaniments
- Adult empowerment counseling
- Child supportive counseling
- Adult support groups
- Community education and prevention programming available for schools, organizations, and businesses
- Information and referrals

The journey to **LEAVE** begins on the **INSIDE**.

AMEND Program

AMEND is a 26 session educational program for men who abuse/batter their partners or others with whom they have an intimate relationship.

This program requires a fee for service.

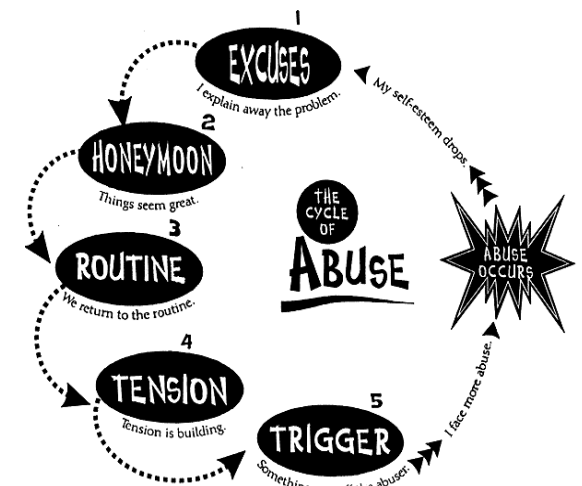
For more information and to make referrals call, 717-480-0489.

Be a Resource for Teens

All free and confidential services are available to teens.

Request a prevention program for your group, club, class, or organization. DVSCP is available to facilitate programs based on your group's needs.

Be supportive, offer resources, and do not judge! The cycle of violence is very complex.



Resources

Victim Services Division: 717-240-6220

Sexual Assault/Rape Crisis Services of Cumberland County 24-Hour Hotline: 1-888-727-2877

Mid Penn Legal Services: 717-243-9400

Pennsylvania Coalition Against Domestic Violence: www.pcadv.org

Break the Cycle: www.breakthecycle.org

Love is Respect: www.loveisrespect.org